



# OUR TEAM!

Jim Brassard	Executive Director
Debi Porter	Office Manager
Carol Dexter	Assisted Living Director
Mara Miller	Sales & Marketing Department
Terry Oochline Flora Heck	Dietary—Co-Directors
LaAnne Gregory	Activities Director
Rick Cox	Maintenance Supervisor
Bianca Gonzales	Housekeeping Supervisor
Debi Porter	Courtesy Staff Supervisor

# RESIDENT COUNCIL

Donna Kelly	IL, Chairman
Lou Barnes	Vice Chairman
Elizabeth Potts	Council Member
Pat Hope	Secretary
Iona Turner	Bookkeeper
Betty Lyall	AL, Chairman
Mary Wisniewski	Librarian
Margaret Krumm	Librarian

Call for a complimentary lunch and tour!



928-634-2956  
800-470-7979  
www.cottonwoodvillage.com



**Guest apartment**  
\$97.00 per night, includes 2 meals (\$87.00 without meals)  
\$122.00 a night per 2nd person, includes 2 meals (\$112.00 without meals)  
Contact the Front Desk for reservations 634-2956

**Dining Room Hours**  
(alternate meal order call 634 7034)

**Independent Living**

Breakfast	7:00-9:00
Lunch	11:00-1:00
Dinner-First Seating	4:00
Second Seating	5:30

**Assisted Living**

Breakfast	7:00-8:15
Lunch	11:30 & 12:15
Dinner	4:30 & 5:15

**Guest Meals**

Breakfast	\$ 6.50
Lunch/Dinner	\$11.00
Solad Bar Only	\$ 6.50
Private Caregivers Meal	\$ 6.50

**Parental Message from Darlene**  
Thank you for your love & prayers on behalf of my great-granddaughter, Nadia. Her surgery went well. Now she will need physical therapy and her motor skills are a little slow, but there is no impairment. God is good. Although I have left you, I look forward to seeing you during future visits. During my years at Cottonwood Village, I have come to love you and think of you as my other family. You have taught me so many things about kindness and perseverance. I hope to be able to visit you real soon. Love always,  
Darlene  
DARCHARLEN@icloud.com

If you would like to send a card or note to Darlene please get them to LaAnne by May 4th. She will hand deliver them to Darlene.  
LaAnne ☺



*The Story of the Cottonwood Village Logo*  
Our logo is adapted from an ancient Southwestern Indian icon meaning "Village by a mountain". The four interlocking arms in the center depict a pueblo or village, and the triangular boundary denotes a mountain. The pueblo icon is frequently seen on pottery from 1200 A.D. through the early Zuni period of the late 1400s.

# COTTONWOOD

# VILLAGE VOICE

## MAY 2012

### GET TO KNOW YOUR NEIGHBOR

## Ray Walker



Meet Ray Walker - Ray was born on a cattle ranch in Elbert, Colorado. He moved to Frank Town Colorado when he was eight years old. He married his High School sweetheart in 1950. He and his wife had 2 boys and 2 girls, 3 biological children and one they adopted. He and his wife enjoyed 54 years of marriage together. His wife passed away in 2004 of cancer.

Ray's working years are extensive. Ray was just 17 years old and fresh out of High School when he joined the Air Force and served 20 years before retiring. He then went to work for the City of Tucson as a Communications Supervisor and a Reserve Police Officer for 25 years. After he retired from the City of Tucson he built a log home in Snowflake Arizona and lived there 20 years.

Ray also volunteered for the Superior Court as a Court Appointed Special Advocate for abused children. During his time as an advocate, he was able to help many children that otherwise would have had no hope and no one to believe in or fight for them. Ray developed a relationship with some of the children he helped and stays in contact with them to this day. He was voted C.A.S.A. of the year in 2008. Being an advocate for these children was the most rewarding thing he has done in his life.

Ray has many hobbies. He loves gold panning, fishing and is a sports enthusiast. Since moving to Cottonwood Village he has enjoyed carving. He attends the carving class here on Tuesdays and enjoys carving with his friends. He would love for you to stop by and say hello or join in the fun.

### INSIDE

**Upcoming Events**  
2

**Outings**  
2

**Mark Your Calendar**  
2

**Transportation**  
2

**Schedule**  
2

**New Residents**  
3

**Monthly Birthdays**  
3

**Calendar**  
4 & 5

**Community News**  
6

## MARK YOUR CALENDAR

### OUTINGS

05/3	Brendi's	11:00
05/10	GrandHopper Grill	11:00
05/17	Casa Bonita	11:00
05/24	Cliff Castle	11:00
05/31	Titi Gavo	11:00

**Movies For May**  
Friday Night at The Movies  
British Movies  
6:30 Auditorium

54	The Iron Lady
511	28 Steps
518	Oliver!
525	Dr. Strangelove

**Beauty Salon Hours**  
Monday 8:30 am to 3:00pm  
Tuesday-Friday 8:30 am to 3:30 pm  
Operators: Mike Humphrey & Michelle Cooley  
For Appointments call 634-2956 ext. 21

**This And That Shop**  
Monday 9:00-1:00 & Thursday 1:00-3:00  
After hours drop donations at Rm 104  
Operators: Mary K. Johnson, Jo Pitts, & Mary Stacey.

**The Village Store**  
Mon-Sat 9:00-11:00 & 2:00-4:00  
Lou Barnes, Peter Fish, & Mary Wisniewski

## Transportation Schedule

**Appointments**

Monday 9:00-12:00
Tuesday 9:00&11:00-3:00
Wednesday 1:00-3:00
Thursday 9:00-Noon
Friday 9:00-Noon

**Shopping**  
(Sign up in the lobby)

Monday 1:00-3:00 Fry's & Wal-Mart
Tuesday 1:00-3:00 Open Shopping & Banking
Wednesday 9:00 & 10:00 Safeway & Food City
Friday 1:00-3:00

Sign Up Sheets for appointments and Shopping are in the Lobby.

Inform the front desk of your Medical/Dental appointments so that transportation may be coordinated. If you need a wheelchair van, inform the Front Desk. Please provide 2-days notice at the Front Desk when making appointments.

**NEED A PARKING SPACE?**  
See Debi in Administration Monday-Friday to get your space number. Residents must not trade parking spaces or park in numbered spaces without authorization.

## ~ In Honor of Mothers ~

A baby asked God, "They tell me you are sending me to earth tomorrow, but how am I going to live there being so small and helpless?" God said, "Your angel will be waiting for you and will take care of you."  
The child further inquired, "But tell me, here in heaven I don't have to do anything but sing and smile to be happy." God said, "Your angel will sing for you and will also smile for you. You will feel your angel's love and be very happy."  
Again the child asked, "How am I going to be able to understand when people talk to me if I don't know the language?" God said, "Your angel will tell you the most beautiful and sweet words you will ever hear, and with much patience and care, your angel will teach you how to speak."  
"And what am I going to do when I want to talk to you?" the baby asked.  
God said, "Your angel will defend you even if it means risking its life."  
"But I will always be sad because I will not see you anymore."  
God said, "Your angel will always talk to you about Me and will teach you the way to come back to Me, even though I will always be next to you."  
At that moment there was much peace in Heaven, but voices from Earth could be heard and the child hurriedly asked, "God, if I am to leave now, please tell me my angel's name."  
God said, "...You will simply call her, 'Mom'."  
ANONYMOUS

## Easter Egg Hunt, Diner Day & Spring Hats!!



## FROM THE EXECUTIVE DIRECTOR.....

Dear Residents, Family, and Staff,  
As we move into our summer months of heat I would like to remind you all, it is extremely important that we remain hydrated throughout the day. The lack of hydration can mask many illnesses, and at the same time staying hydrated throughout the day may prevent those unwanted trips to the emergency room.

The month of May will bring a few important changes in staffing to our community. We are actively seeking a candidate to fill Darlene's position. I know, she's irreplaceable; however we must move on to add the needed support to our Activities Program. The position of an Assisted Living Director has been filled with a wonderful candidate-Carolyn Dexter. Carolyn was selected over other candidates because her unique management style is more in line with our objectives in growing our assisted living community, pampering our residents and families and developing our staff's potential toward higher levels of customer satisfaction.

Now the most important news: The legal issues regarding our new bus have been resolved and no one is more pleased than I. As of this writing we are waiting on the funds which will pay for the licensing and taxes required to drive the bus. I anticipate by May 1st we should have all our ducks in a row. Thank you all for your extended patience and understanding.

On behalf of the entire staff we wish you all a very Happy and Blessed Mother's Day.  
May God Bless You All  
JB

**Activities ...**  
We have a busy month ahead! A Sedona field trip is planned that includes a Pink Jeep tour and lunch at the beautiful Enchantment Resort located in breathtaking Boynton Canyon. You will enjoy close up Red Rock views on your Pink Jeep tour where an experienced guide will enrich your knowledge of the area. Afterwards, you will enjoy a delicious lunch at the Titi Gavo Bar & Grill inside the luxurious resort. A Pink Jeep guide will be here on Thursday, May 3rd at 10am to give a presentation about the jeep tour. Please plan to attend to learn more about this excursion. You might want to drop a big hint to your family members that this would make an excellent Mother or Father's Day gift. I am looking for sponsors/donors for those that might not otherwise be financially able to attend the event. Details are at the front desk.  
A Mother's Day Luncheon/Fashion Show is planned for Friday, May 11th. I am looking for residents who would like to model some of the clothing. Please see me for more details.  
LaAnne ☺

## MARKETING from MARA

**Hello from Sales & Marketing!**  
Sales had a very busy month in April with 2 new AL residents and 2 new IL residents joining our community. We also had a respite stay in assisted living. Many seniors interested in moving into Cottonwood Village are relocating here from out of state. In early May, we have 1 new AL resident and a new IL couple moving in. Please welcome all of the new residents and introduce yourselves.

The ALTCS 101 professional training lunch hosted on April 17th was a big success with a turnout of 25 professionals! The social workers, senior caregivers and area professionals who attended really enjoyed the lunch buffet and learned how to better resource seniors in our community.

Here is a look at the educational seminars I plan to co-host with referral partners throughout the Verde Valley. These seminars will be open to residents, the public and senior care professionals. Attend one if you want to learn more about a particular topic. If you have any ideas on seminar topics, please let LaAnne in activities know what you want to learn about. I am planning a fall prevention seminar in May or early June.

### Educational Seminars At Cottonwood Village

**Tuesday, May 15th 3pm - 4:30 pm**  
Nurturing the Journey: Coping with Domestic & other progressive Diagnoses.

**Tuesday, June 5th 1 pm - 4:30 pm**  
VA Aid & Attendance Care Benefits seminar.

**Thursday, June 14th 12pm - 3:30 pm**  
Medicare Home Health Benefits: What home care benefits does Medicare provide? Medicare home care Q & A and when to ask your doctor for some help at home.

**Wednesday, June 27th 8:00 am - 7:00 pm**  
The Five Wishes: FDA and advanced Directive patient preparation. Plan for your medical and healthcare decisions in case you are ever unable to speak for yourself. This is an essential seminar for all age groups.

A special Thank You to ABBIO Care Services for hosting the Derby Day & High Tea Celebration on Tuesday, 6/5. What a wonderful event they put together for our residents! ABBIO's courteous willingness is an affordable solution for part-time care if you are recovering from recent ill ness or need a helping hand to safely enjoy your daily routine. Contact Carla from ABBIO Care Services at 905-963-0943 for

## SPECIAL PEOPLE IN THE NEWS

**RESIDENT'S BIRTHDAY**

"Cliff" Arthur Woolard	5/1
Helen Crawford	5/2
Irene Plichta	5/5
Mollie Langendam	5/8
Nellie Hill	5/8
Helen Anderson	5/9
Ursula Puechler	5/13
Emil Radke	5/20
Mark Coske	5/20
Colleen Bradley	5/24
Art Berger	5/24

**EMPLOYEE BIRTHDAY**

Aaron Cox	5/3	Rick Cox	5/17
Manny Morales	5/4	Mara Miller	5/30
J.B.	5/9		
Mason Bost	5/12		
My Enclave	5/17		

**Welcome New Residents**  
Janita Wheeler  
Marvin Anderson  
David & Shirley Locke  
Mary Hidvegi  
Claudene Jones  
Lelah Chilton  
Barbara Bosson

**KITCHEN CORNER....**  
Hello Everyone, there will be a food survey distributed by the front desk here in the near future. I would like to encourage you all to take the time to fill it out and be as thorough as possible. Your opinions matter to us and this will help us to identify any issues you might be having. In addition, please remember to leave your wafers in the buggy room for the safety of residents and staff.  
Joy and Sharon

**With Mary Wisniewski and Margaret Krumm...**  
**Library Friends**  
Please! Please! Please! Sign the books out in the notebook on the desk - We like to keep track of them - Thank you! There are three new large print books.  
**Starz Close by Marlan Coben** - on the best seller list.  
**Home Front** - by Kristin Hannah - Excellent  
**The Dress Maker** - by Kate Abbott... a new author, it starts out with the Titanic sinking - a new view-excellent reading.  
Other new books are:  
**Dreams of Joy** by Lisa See, she has made the real China live. It is a wonderful continuation of Shanghai Girls. Lisa actually went to China with Amy Tan and researched for the book... What a fulfilling country  
**The Art of Racing in the Rain** by Seth Grahame-Smith - a tale with a heart - written by a dog, it's fun and has a lot of wisdom.

## Volunteer Recognition



Lou Barnes is the Manager of the residents' store. He faithfully works 10 + hours a week. He is a "whatever it takes" kind of guy. Stop by to say Hi! Better yet, join his volunteer team.